Name		Activity Sheet

# **Beyond the Beef - Background Information**

#### Beef in Your Meal

You may normally think of beef as a hamburger, steak or delicious roast for a satisfying meal. But there are other edible parts besides the protein-packed muscle. The variety meats, such as liver and heart, are just two of the many tasty alternatives that are used in gourmet dishes.

There are also edible by-products that are not quite so obvious. Do you know that gelatins in products such as ice cream and yogurt are made from the hooves, horns, hide and bones of the cow?

Cattle provide a portion of the ingredients in manufactured products such as chewing gum. People depend on cattle for ingredients to make food products such as these:

sausage
candies
chewing gum
clarification agents for
juice, wine and beer
consume
cookies
gelatin in salads/desserts
head cheese
ice cream

marshmallows
mayonnaise
oleo shortening
pate
sausage casings
yogurt
variety meats
liver, heart
tongue, kidneys



## Beef at Work, Play and in the Home

"What do cows have to do with me. I don't have one in my backyard!" This might be your first reaction to the statement above. However, items manufactured from beef by-products are part of our daily environment.

The soap you washed with this morning; the baseball equipment in the closet; or even the paint of the walls of your home – all of these contain a beef by-product. The following contain one or more beef by-products:

bone china bonemeal biscuits boots and shoes candles cosmetics crayons deodorants detergents doggie chews fabric softeners floor wax glue insecticides

leather sporting goods luggage paint pet foods photographic film plastics shampoo/cream rinses shaving cream soaps

soaps textiles toothpaste upholstery violin strings



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## Beyond the Beef - Background Information

#### Beef in the Pharmacy

The medical world also relies on this resource for the pharmaceutical wonders it produces and uses. This is because cattle have great similarities in organic chemical structure to humans. Our bodies will easily accept a medication or treatment made with these animal components. Some products are synthesized. However, many are still made more economically from cattle.

Insulin - treatment of diabetes

Heparin – prolongs the time needed for blood to clot

Corticotrophin – used in the treatment of allergies, rheumatoid arthritis, rheumatic fever, and respiratory diseases

Thyrotropin – stimulates the thyroid gland

Parathyroid hormone – used to treat parathyroid deficiencies

Thrombin - promotes coagulation during surgery

Glucagon – treats hypoglycemia (low blood sugar)

Sodium levothyroxine + thyroid replacement therapy

Fibrinolysin – treatment of blood clots within the cardiovascular system Pancreatin – treatment of infants with celiac disease (gluten intolerance)

and related pancreatic deficiencies

Thyroid = treats myxedema (metabolitic disease caused by deficient action of the thyroid gland) in adults and cretinism (deformity and mental retardation in children

Parathyroid hormone – used to treat parathyroid deficiencies

### Beef on the Road

Tires have stearic acid that makes the rubber hold its shape under continuous surface friction. Even the asphalt on our roadways has a binding agent from fat. Some other unusual but necessary products are:

asphalt rubber tires textiles for upholstery car polishes and waxes hydraulic brake fluid



#### Beef in Industry

Beef by-products are used in all sorts of mechanical items. Chemical manufacturers use numerous fatty acids from inedible beef fats and proteins for all sorts of lubricants and fluids.

animal feed industrial cleaners cement blocks lubricants

explosives molds for plastics fertilizers printing ink

high gloss for magazines whitener for paper

you washed with this morning; the baseball equipment in the closet; or even the paint on the walls of your home – all of these contain a beef by-product.

Tires have stearic acid from beef cattle, which makes the rubber hold its shape under continuous surface friction. Even the asphalt on our roadways has a binding agent from beef fat. Beef by-products are used in all sorts of mechanical items. Chemical manufacturers use numerous fatty acids from inedible beef fats and proteins for all sorts of lubricants and fluids.

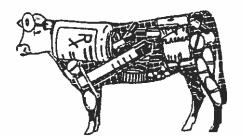
#### Activity

- 1. Brainstorm with students what products they think come from beef cattle.
- 2. Have students read over the Background Information on some of the products made from beef cattle.
- 3. Ask how many of the items are part of their everyday lives?
- 4. Using the Activity Sheet, have students complete an investigation of products they have at home that come from beef cattle.

#### **Extensions**

- 1. Have students list (in a journal) the number of products they encounter throughout a whole day that come from beef cattle. Discuss in class the next day.
- 2. Find the nearest beef cattle producer in your state. Go on a visit to the farm/ranch or invite the producer to speak to the class about raising beef.

Adapted from The American National Cattlewomen, Inc.





	Name	Activity Sheet					
)	Beyond the Beef - Activity Sheet						
	"What do beef cattle have to do with me? I don't have any in my backyard!" Virtually the entire beef animal (99%) is used for something, but only 41% of it is used as meat. The rest of the steer is used to provide products we use daily.  Using the Beyond the Beef Background Information Sheet, see how many things you can find in your home that come from a beef animal. List products below.						
	Beef in Your Meal	Beef in Industry / On-the-Road					
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	Beef at Work, Play, and Home	Beef in the Pharmacy					